

**List of important Minor Forest Produce/ NTFP found in  
Reasi Forest Division.**

S.No	Scientific Name	Local Name	Parts used and Uses
1	<i>Acacia catechu</i>	Khair	Bark paste used in conjunctivitis and haemoptysis. Flowers top with Cumeric, Milk and Sugar used in Gonorrhoea Katha used in treatment of dysentery. Piles uterine haemorrhages, leucorrhoea gleet, atonics dyspepsia, Bronchitis etc.
2	<i>Acorus calamus</i>	Bach	Root tuber is used to improve the quality of voice.
3	<i>Acacia modesta</i>	Phulai	Twigs used as tooth brush
4	<i>Achyranthes aspera</i>	Put Kanda	Flowers used in renal dropsy and Bronchial disorders
5	<i>Adiantum capillusveneris</i>	Hans Raj	Leaves used as diuretic and febrifuge
6	<i>Aegle marmelos</i>	Billan	Fruits used in chronic diarrhoea and dysentery
7	<i>Aloe barbadensis</i>	KuwadKandal	Leaves used in treatment of fever liver and spleen ailments skin diseases. Gonorrhoea constipation piles and jaundice
8	<i>Azadirachta Indica</i>	Neem	Green twigs used as tooth brush leaves and fruits and bio pesticides. Used in nervous problems. Skin disorders and as an antiseptic.
9	<i>Alstonia scholaris</i>	Devils tree	Bark used as a remedy for chronic diarrhoea and dysentery
10	<i>Adhatoda vasica</i>	Bhrainkar	Flowers, leaves and roots are considered antispasmodic and are used in case of Asthma, cough and fever
11	<i>Butea monosperma</i>	Plah	Astringent, gum obtained from the tree is used in medicine
12	<i>Calotropis procera</i>	Daryee Akk	Flowers used in treatment of cold, cough and asthma
13	<i>Cannabis sativa</i>	Bhang	Leaves and flowers used as sedatives and aphrodisiac
14	<i>Cyperus rotundus</i>	Deela	Trichip oil is prepared which is used for treatment of Alopecia, Dandruff and to prevent hairfall
15	<i>Cassia fistula</i>	Amaltash	The pulp of pods is used as purgative especially for children
16	<i>Cassia tora</i>	Elma	Has many uses

17	<i>Dioscorea composite</i>	Tarar	The steroid hormone obtained from tubers is used in treatment of Rheumatism, ophthalmic ailments and in preparation of contraceptive pills
18	<i>Voila odorata</i>	Banafsha	Flower is used as cough expectorant. Good for chest also.
19	<i>Emblica Officinalis</i>	Amla	Fruits are rich source of vitamin C used as laxative and in the treatment of piles, liver and stomach complaints
20	<i>Holarrhaena antidysentrica</i>	Ivory tree	Bark is used for treatment of dysentery, piles, diarrhoea and leprosy
21	<i>Jatropha curcas</i>	Physic nut	Seeds are purgative. Oil from seeds is a strong purgative
22	<i>Mallotus philipinensis</i>	Kamla	Fruits used in treatment of tape worms and skin ailments. Kamla oil is used in hair fixers and ointments
23	<i>Moringa Oleifera</i>	Drumstick	Leaves have Ephedrine which is used in aphrodisiac medicines
24	<i>Murraya Koenigii</i>	Curry leaf	Leaves used in cases of dysentery and nausea.
25	<i>Pueraria tuberosa</i>	Badad	Tubers used in medicinal preparations
26	<i>Pinus roxburghii</i>	Chirpine	Turpentine is obtained, resin has many pharmaceutical uses
27	<i>Ricinus cuminus</i>	Castor	Oil from seeds used as a purgative
28	<i>Solanum nigrum</i>	Black night shade	Used in treatment of liver cirrhosis
29	<i>Syzygium cumini</i>	Jamun	Fruits are anti diabetic and syrup used in treatment of Kidney stones.
30	<i>Terminalia bellerica</i>	Bahera	Fruits are used to treat dropsy, piles, diarrhoea, leprosy and cough
31	<i>Vitex negundo</i>	Banna	Used in preparation of anti rheumatic and anti arthritics Dazzle capsules along with boswellia and withania
32	<i>Terminalia chebula</i>	Harar	Used in preparation of Triphala, cough syrups etc.
33	<i>Terminalia arjuna</i>	Arjun tree	Bark used for high Blood pressure & Diabetics etc.