

**List of important Minor Forest Produce/ NTFP found in
Nowshera Forest Division.**

S.No	Scientific Name	Local Name	Parts used and Uses
1	<i>Acacia catechu</i>	Khair	Bark paste used in conjunctivitis and haemoptysis. Flowers top with Cumin, Milk and Sugar used in Gonorrhoea. Katha used in treatment of dysentery. Piles uterine haemorrhages, atonic dyspepsia, Bronchitis etc.
2	<i>Acacia modesta</i>	Phalai	Twigs used as tooth brush
3	<i>Achyranthes aspera</i>	Put Kanda	Flowers used in renal dropsy and Bronchial disorders
4	<i>Aegle marmelos</i>	Bel	Fruits used in chronic diarrhoea and dysentery
5	<i>Azadirachta Indica</i>	Neem	Green twigs used as tooth brush leaves and fruits and bio pesticides. Used in nervous problems. Skin disorders and as an antiseptic.
6	<i>Alstonia scholaris</i>	Devils tree	Bark used as a remedy for chronic diarrhoea and dysentery
7	<i>Adhatoda vasica</i>	Bhraiakar	Flowers, leaves and roots are considered antispasmodic and are used in case of Asthma, cough and fever
8	<i>Butea monosperma</i>	Plah	Astringent, gum obtained from the tree is used in medicine
9	<i>Calotropis procera</i>	Daryee Akk	Flowers used in treatment of cold,
10	<i>Cannabis sativa</i>	Bhang	Leaves and flowers used as sedatives and aphrodisiac
11	<i>Cassia fistula</i>	Amaltash	The pulp of pods is used as purgative especially for children
12	<i>Dioscorea composite</i>	Tarar	The steroid hormone obtained from tubers is used in treatment of Rheumatism, ophthalmic ailments and in preparation of contraceptive pills
13	<i>Cinnamomum camphora</i>	Camphor	Camphor is used for treatment of burns, as a sedative and as a analeptic stimulant

14	<i>Emblica Officinalis</i>	Amla	Fruits are rich source of vitamin C used as laxative and in the treatment of piles, liver and stomach complaints
15	<i>Jatropha curcas</i>	Physic nut	Seeds are purgative. Oil from seeds in a strong purgative
16	<i>Mallotus philipinensis</i>	Kamla	Fruits used in treatment of tape worms and skin ailments. Kamla oil is used in hair fixers and ointments
17	<i>Moringa oleifera</i>	Drumstick	Leaves have Ephedrine which is used in aphrodisiac medicines
18	<i>Murraya koenigii</i>	Curry leaf	Leaves used in cases of dysentery and nausea.
19	<i>Pinus roxburghii</i>	Chir pine	Turpentine is obtained, resin has many pharmaceutical uses
20	<i>Solanum nigrum</i>	Black night shade	Used in treatment of liver cirrhosis
21	<i>Syzygium cumini</i>	Jamun	Fruits are antidiabetic and syrup used in treatment of Kidney stones.
22	<i>Terminalia bellerica</i>	Bahera	Fruits are used to treat dropsy piles diarrhoea, leprosy and cough
23	<i>Vitex negundo</i>	Banna	Used in preparation of antirheumatic and anti arthritics Dazzle capsules alongwith boswellia and withania
24	<i>Terminalia chebula</i>	Harad	Used in preparation of Triphala, cough syrups etc.
25	<i>Terminalia arjuna</i>	Arjun tree	Bark used for high Blood pressure & Diabeties etc.