

**List of important Minor Forest Produce/NTFP found in
Jammu Forest Division**

S.No	Scientific Name	Local Name	Parts used and Uses
1	Acacia catechu	Khair	Bark paste used in conjunctivitis and haemoptysis. Flowers top with Cumic, Milk and Sugar used in Gonorrhoea, Katha used in treatment of dysentery, piles uterine haemorrhages, eucorrhoea gleet, atonics dyspepsia, Bronchitis etc.
2	Abelmoschus moschatus	Kasturi Dana	Seeds used as stimulant, Tonic and aphrodisiac.
3	Acacia modesta	Phulai	Twigs used as tooth brush
4	Achyranthes aspera	Put Kanda	Flowers used in renal dropsy and Bronchial isorders
5	Adiantum capillusveneris	Hans Raj	Leaves used as diuretic and febrifuge
6	Aegle marmelos	Billan	Fruits used in chronic diarrhoea and dysentery
7	Aloe barbadensis	Kuwad Kandal	Leaves used in treatment of fever liver and spleen ailments skin diseases, gonorrhoea, constipation piles and jaundice
8	Azadirachta Indica	Neem	Green twigs used as tooth brush leaves and fruits and bio pesticides, used in nervous problems. Skin disorders and as an antiseptic.
9	Alstonia scholaris	Devils tree	Bark used as a remedy for chronic diarrhoea and dysentery
10	Adhatoda vasica	Bhrainkar	Flowers, leaves and roots are considered antispasmodic and are used in case of asthma, cough and fever
11	Butea monosperma	Plah	Astringent, gum obtained from the tree is used in medicine
12	Calotropis procera	Desi Akk	Flowers used in treatment of cold, cough and asthma
13	Cannabis sativa	Bhang	Leaves and flowers used as sedatives and aphrodisiac
14	Cyperus rotundus	Deela	Trichip oil is prepared which is used for treatment of Alopecia, Dandruff and to prevent hairfall
15	Cassia fistula	Amaltash	The pulp of pods is used as purgative especially for children

16	Cassia tora	Elma	Has many uses
17	Dioscorea composita	Tarar	The steroid hormone obtained from tubers is used in treatment of Rheumatism, ophthalmic ailments and in preparation of contraceptive pills
18	Cinnamomum camphora	Camphor	Camphor is used for treatment of burns, as an sedative and as a analeptic stimulant
19	Embllica Officinalis	Amla	Fruits are rich source of vitamin C used as laxative and in the treatment of piles, liver and stomach complaints
20	Holarrhaena antidysentrica	Ivory tree	Bark is used for treatment of dysentery piles diarrhoea and leprosy
21	Jatropha curcas	Physic nut	Seeds are purgative. Oil from seeds in a strong purgative
22	Mallotus philipinensis	Kamla	Fruits used in treatment of tape worms and skin ailments. Kamla oil is used in hair fixers and ointments
23	Moringa Oleifera	Drumstick	Leaves have Ephedrine which is used in aphrodisiac medicines
24	Murraya Koenigii	Curry leaf	Leaves used in cases of dysentery and nausea.
25	Pueraria tuberosa	Badad	Tubers used in medicinal preparations
26	Pinus roxburghii	Chirpine	Turpentine is obtained, resin has many pharmaceutical uses
27	Ricinus cuminus	Castor	Oil from seeds used as a purgative
28	Solanum nigrum	Black night shade	Used in treatment of liver cirrhosis
29	Syzygium cumini	Jamun	Fruits are anti-diabetic and syrup used in treatment of kidney stones.
30	Terminalia bellerica	Bahera	Fruits are used to treat dropsy piles diarrhoea, leprosy and cough
31	Vitex negundo	Banna	Used in preparation of anti - rheumatic and anti arthritics Dazzle capsules along with boswellia and withania
32	Terminalia chebula	Harar	Used in preparation of Triphala, cough syrups etc.
33	Terminalia arjuna	Arjun tree	Bark used for high Blood pressure & Diabetes etc.